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A Study of Psychology Spectrum of School Going Childrens
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ABSTRACT

The psychology spectrum of school-going children refers to the wide range of cognitive, emotional, social, and behavioral characteristics that develop during their formative years. Children in school experience rapid mental growth, where their thinking abilities, problem-solving skills, and creativity begin to expand significantly. At the same time, they undergo emotional changes, learning to understand and manage feelings such as happiness, fear, anger, and anxiety. Socially, school provides an important platform where children interact with peers and teachers, helping them develop communication skills, cooperation, empathy, and a sense of belonging. However, this spectrum also includes challenges such as academic pressure, peer influence, competition, and identity formation, which can affect their mental health and behavior. Each child responds differently based on personality, family environment, and socio-cultural background, making the psychological spectrum highly diverse. Supportive parenting, effective teaching methods, and a positive school environment play a crucial role in shaping healthy psychological development.