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## **Effectiveness of Caring Behavior Workshops on Patient-Centered Care Practices Among Nursing Students in Wayanad**

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### **ABSTRACT**

Caring behavior is a cornerstone of nursing practice, directly influencing patient satisfaction, recovery, and overall quality of care. This study aimed to assess the effectiveness of caring behavior workshops in enhancing patient-centered care practices among nursing students in selected colleges at Wayanad. A quasi-experimental design was used, involving 60 nursing students divided into experimental and control groups. The experimental group participated in a series of interactive workshops focusing on empathy, active listening, ethical decision-making, and compassionate communication over four weeks. Patient-centered care practices were evaluated using a validated observation and self-report tool before and after the intervention. Findings demonstrated a significant improvement in the caring behavior and patient-centered care practices of the experimental group compared to the control group. The study emphasizes that structured workshops targeting caring skills can substantially improve the ability of nursing students to provide compassionate, patient-focused care. Integration of such interventions into nursing education can strengthen professional competence, empathy, and the overall quality of clinical practice.